# **Blue Mountain Therapeutic Riding**

Mailing Address: PO Box 761 | College Place, WA 99324 Program Location: 1150 Valley Street | Walla Walla, WA 99362 509.542.7624 | mary@bluemountaintherapeuticriding.org **EIN: 46-2458128**  Blue Mountain Therapeutic Ritiling

Date: \_\_\_\_\_

Dear Health Care Provider: Your patient

(Participant's name)

Is interested in participating in supervised equine activities.

In order to safely provide this service, our center requests that you complete/update the attached Medical History and Physician's Statement Form. Please note that the following conditions may suggest precautions and contraindications to equine activities. Therefore, when completing this form, please note where these conditions are present and to what degree.

#### Orthopedic

Atlantoaxial Instability – Include neurologic symptoms Coxarthrosis Cranial Defects Heterotopic Ossification/Myositis Ossificans Joint Subluxation/dislocation Osteoporosis Pathologic Fractures Spinal Joint Fusion/Fixation Spinal Joint Instability/Abnormalities

#### Neurologic

Hydrocephalus/Shunt Seizure Spina Bifida/Chiari II Malformation/Tethered Cord/Hydromyelia

## Other

Age – Under 4 years Indwelling Catheters/Medical Equipment Medications – e.g. Photosensitivity **Other Continued** Poor Endurance Skin Breakdown

#### Medical/Psychological

Allergies Animal Abuse Cardiac Condition Physical/Sexual/Emotional Abuse **Blood Pressure Control** Dangerous to Self or Others Exacerbations of Medical Conditions (eg RA, MS) Fire Setting Hemophilia Medical Instability Migraines **PVD Respiratory Compromise Recent Surgeries** Substance Abuse **Thought Control Disorders** Weigh Control Disorder

Thank you very much for your assistance. If you have any questions or concerns regarding this patient's participation in equine-assisted services, please feel free to contact at the address/phone indicated above.

Sincerely, Mary Murphy, CTRI

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# **MEDICAL HISTORY and PHYSICIAN'S STATEMENT**

{PLEASE FILL OUT THIS FORM THOROUGHLY AND COMPLETELY]

Patient	DOB:	Height:Weight	
Address:			
Disabling Condition (Diagnosis):		Date of Onset:	
Past/Prospective Surgeries:			
Medications:			
Seizure Type:	N Date of Last Seizure:		
Shunt Present; Y N Date of last revision:			
Special Precautions/Needs:			

Mobility: Independent Ambulation Y N Assisted Ambulation Y N Wheelchair Y N

Braces/Assisted Devices:

For those with Down Syndrome: Neurologic Symptoms of Atlantoaxial Instability: Present Absent

Please indicate current or past special needs in the following systems/areas, including surgeries. These conditions may suggest precautions and contraindications to equine activities.

	Y	Ν	Comments
A 11	1	11	Comments
Auditory			
Visual			
Tactile Sensation			
Speech			
Cardiac			
Circulatory			
Integumentary/Skin			
Immunity			
Pulmonary			
Neurologic			
Muscular			
Balance			
Orthopedic			
Allergies			
Learning Disability			
Cognitive			

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	Y	Ν	Comments
Emotional/Psychological			
Pain			
Other			

Given the above diagnosis and medical information, this person is not medically precluded from participation				
in equine-assisted services. I understand that the Professional Association of Therapeutic Horsemanship, Intl				
(PATH, Intl) Center will weigh the medical information given against the existing precautions and				
contraindications. Therefore, I refer this person to Blue Mountain Therapeutic Riding for ongoing evaluation				
to determine eligibility for participation.				

Name/Title:\_\_\_\_\_\_MD DO NP PA

Signature:\_\_\_\_\_

Adress:

Phone (\_\_\_\_\_\_\_\_\_\_License/UPS Number:\_\_\_\_\_\_\_